Quantum sensing of open systems: Estimation of damping constants and temperature

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We determine quantum precision limits for estimation of damping constants and temperature of lossy bosonic channels. A direct application would be the use of light for estimation of the absorption and the temperature of a transparent slab. Analytic lower bounds are obtained for the uncertainty in the estimation, through a purification procedure that replaces the master equation description by a unitary evolution involving the system and *ad hoc* environments. For zero temperature, Fock states are shown to lead to the minimal uncertainty in the estimation of damping, with boson-counting being the best measurement procedure. In both damping and temperature estimates, sequential prethermalization measurements, through a stream of single bosons, may lead to huge gain in precision.

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I. INTRODUCTION

The quest for better precision in the estimation of parameters is common to many areas of science, ranging from probing weak electric and magnetic fields, temperature, pressure, and small rotations and displacements, to high-resolution spectroscopy and magnetic resonance, with applications to atomic clocks, geophysics, medicine, and biology. Fundamental limits of precision have been established, within the realm of classical physics, by Cramér, Rao, and Fisher [\[1,2\]](#page-6-0). The usual procedure involves measuring a probe, prepared in a convenient initial state, after it has interacted with the system under investigation, and then obtaining from the measurement results an estimation of the parameter of interest, through some convenient estimator. Through a generalization of the classical framework to quantum mechanics [\[3–6\]](#page-6-0), it has been realized that quantum probes, prepared in states with features like squeezing and entanglement, help to increase the precision of the estimation, for the same amount of resources (which could be the number of atoms or photons used in the estimation). This has been relevant, for instance, for extending the coverage of gravitational-wave interferometers, with the use of squeezed light [\[5,7\]](#page-6-0) or of entangled states [\[8\]](#page-6-0), for increasing the magnetic sensitivity with spin squeezing [\[9\]](#page-6-0), for optimal thermometry [\[10\]](#page-6-0), for detecting weak electric fields with superpositions of Rydberg states [\[11\]](#page-6-0), for achieving quantum-enhanced contrast and resolution in bio-logical microscopy [\[12,13\]](#page-6-0), and for superresolution of spatial separation and frequency [\[14\]](#page-6-0). Quantum sensing [\[15,16\]](#page-6-0) involves the exploration of subtle quantum effects to increase the precision of parameter estimation. Quantum sensors have become one of the most promising applications of quantum technologies [\[17–19\]](#page-6-0), involving single- or multiparameter estimation [\[20,21\]](#page-6-0).

The unavoidable interaction between these systems and their environments may reduce the advantage of using quantum states, due to the fragility of these resources in the presence of noisy processes, like damping and diffusion. However, sometimes these processes may yield important information on the system. The damping rate of a particle moving in a medium may allow the estimation of the quantum memory time and radiation properties [\[22\]](#page-6-0). Absorption spectroscopy has a wide range of applications, in remote sensing [\[23\]](#page-6-0), in chemistry and atomic physics $[24]$, in astronomy $[25]$, and in the characterization of materials, not only at the macroscopic level but also for microscopic systems, like cells and organelles [\[26\]](#page-7-0). Moreover, tasks like the precise estimation of phases in an interferometer must necessarily include a precise estimation of photon damping and phase diffusion.

Here we derive the uncertainties in the estimation of both damping and temperature of a lossy bosonic channel, with boson counting as the measurement procedure. This is of great interest for several areas of science, the most prominent example being the use of light to investigate absorption and temperature of samples [\[27,28\]](#page-7-0). The precision in the estimation is limited both by the uncertainty in the number of bosons in the probe and by the noise introduced in the boson distribution by the probed system. This suggests that one should minimize the variance of the boson-number distribution of the

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probe, so incoming Fock states should render better results, as opposed to what happens in noiseless phase estimation, when the variance should be maximized, for a given amount of resources (in this case, input photons).

We discuss the advantages of using single-boson states and boson-counting measurements for damping and temperature estimation and compare our results within literature [\[29–31\]](#page-7-0). Sequential prethermalization measurements with single-boson streams are shown to lead to a huge increase in the precision. We also obtain analytic lower bounds for the uncertainty in the estimation of both damping and temperature, through a purification procedure that replaces the master equation description by a unitary evolution involving the system and *ad hoc* environments. These bounds are shown to be tight in two limiting cases, both involving boson-counting measurements: zero temperature for damping estimation and vacuum input for temperature estimation. For other situations, and for the range of parameters here considered, they are very close to the exact numerical solutions.

The usual procedure in parameter estimation consists in obtaining the uncertainty in the parameter, for a given initial state, from the Fisher information $[1,2]$. For a complete set of measurement results $\{j\}$, on a probe that carries information about the parameter *X* to be estimated, and for unbiased estimators, so that (X) equals the true value of the parameter, the standard deviation in the estimation of *X* is given by the Cramér-Rao expression $\delta X \geq 1/\sqrt{NF(\langle X \rangle)}$, where $F(X)$ is the Fisher information, given by $F(X) =$ $\sum_{j} [1/P_j(X)] [dP_j(X)/dX]^2$, *N* is the number of repetitions of the experiment, and $P_i(X)$ is the probability of getting the experimental result *j* if the value of the parameter is *X*. As shown by Fisher, the lower bound can be reached asymptotically for $N \to \infty$. The ultimate precision in the estimation of a parameter, for a given initial state, is obtained by maximizing $F(X)$ over all possible measurements: This defines the quantum Fisher information (QFI) $\mathcal{F}_O(X)$. In the absence of noise, analytic expressions can be obtained for the QFI [\[3,4\]](#page-6-0). For a parameter-dependent unitary evolution $U(X)$ of the probe, $\mathcal{F}_O(X)$ is equal to four times the variance $(\Delta G)^2$, calculated in the initial state of the probe, with $G \equiv$ $i(dU^{\dagger}(X)/dX)U(X)$ being the generator of $U(X)$. However, this is not so for open systems, which require, in general, the diagonalization of the parameter-dependent density matrix of the probe, usually a cumbersome task for high-dimensional systems.

A general method for obtaining an upper bound for the quantum Fisher information of an open system was introduced in Ref. [\[32\]](#page-7-0). It consists in purifying the open system by considering the joint unitary evolution of system $+$ environment. There is an infinite number of purifications, which must satisfy the criterion that the reduced description of the system—obtained by tracing out the environment—should coincide with the one given by the master equation. The quantum Fisher information of the purified system should be larger or at least equal to the QFI of the system, since allowing measurements on system $+$ environment yields no less information on the parameter than measuring the system alone. If the environment is chosen in such a way that measurements on system $+$ environment do not give more information than measurements on the system, the corresponding upper bound

FIG. 1. Purification of the master equation for finite temperature by introducing two environments *b* and *c*, initially in the vacuum state. The outgoing operators are obtained by applying a two-mode squeezing operation and a beam-splitter transformation to the incoming operators. Tracing out modes *b* and *c* recovers the master equation (1).

is tight. In Ref. [\[32\]](#page-7-0), it was shown that this can always be accomplished. Finding the best purification could provide therefore an alternative to the involved procedures that deal directly with the open system. This method has led to exact solutions for the estimation of forces acting on damped harmonic oscillators [\[33\]](#page-7-0) and very good approximations for the estimation of transition frequencies in atomic spectroscopy in the presence of dephasing, and phases in optical interferometers, subject to damping [\[32\]](#page-7-0) and diffusion [\[34\]](#page-7-0). In the following, this method is applied to the estimation of damping and temperature with bosonic probes.

II. ESTIMATION OF DAMPING

Boson damping can be described by the master equation

$$
\frac{d\rho}{dt} = \gamma (n_T + 1)(2a\rho a^{\dagger} - a^{\dagger} a\rho - \rho a^{\dagger} a) + \gamma n_T (2a^{\dagger} \rho a - a a^{\dagger} \rho - \rho a a^{\dagger}),
$$
 (1)

where ρ is the density matrix of the bosonic probe, γ is the damping constant, n_T is the number of thermal bosons, and *a* and *a*† are boson annihilation and creation operators, with $[a, a^{\dagger}] = 1$. Note that Eq. (1) is written in the interaction picture so that the term $\omega a^{\dagger} a$ drops out.

A possible purification of the corresponding evolution was derived in Ref. [\[33\]](#page-7-0). This is done by adding two independent environments, which can be represented by a beam splitter and a two-mode squeezing operation, as shown in Fig. 1. We have then, with β and β corresponding respectively to the beamsplitter and squeezing transformations,

$$
|\Psi(T)\rangle = \mathcal{S}\mathcal{B}|\Psi_0\rangle|0\rangle_b|0\rangle_c,\tag{2}
$$

where

$$
\mathcal{B} = \exp[\theta_1(ab^\dagger - a^\dagger b)], \ \mathcal{S} = \exp[\theta_2(a^\dagger c^\dagger - ac)] \tag{3}
$$

and

$$
\theta_1(t) = \arccos\left[\sqrt{\frac{\eta}{n_T(1-\eta)+1}}\right],\tag{4}
$$

$$
\theta_2(t) = \operatorname{arccosh}[\sqrt{n_T(1-\eta)+1}], \quad \eta = e^{-2\gamma t}.
$$
 (5)

The corresponding operators are transformed as $\mathcal{O}_{\text{out}} =$ $B^{\dagger}S^{\dagger}O_{\text{in}}SB$, as shown in Fig. [1.](#page-1-0) We have then [\[35\]](#page-7-0)

$$
a_{\text{out}} = (a_{\text{in}} \cos \theta_1 - b_{\text{in}} \sin \theta_1) \cosh \theta_2 + c_{\text{in}}^{\dagger} \sinh \theta_2. \tag{6}
$$

Equation [\(2\)](#page-1-0) leads to an upper bound to the QFI of the system. One should note that other purifications are possible. Indeed, addition of further unitary operations, depending only on the operators *b* and *c*, still leads to the same master equation. Variational parameters in these additional unitary transformations can be used to minimize the corresponding upper bound, so that it gets closer to the QFI of the system [\[32–34\]](#page-7-0). Here, however, we adopt the simpler procedure of using the purification [\(2\)](#page-1-0), comparing the corresponding bound with the QFI of the open system.

For $T = 0$, $\theta_2 = 0$ and $S = 1$, so mode *c* gets decoupled from modes *a* and *b*, implying that the corresponding master equation is purified with just a beam splitter [\[29,31,35\]](#page-7-0), with transmission coefficient $\eta = \exp(-2\gamma t)$ and $\mathcal{B} = \exp \left[\phi(a^{\dagger}b - ab^{\dagger}) \right], \cos^2 \phi = \eta.$ From the corresponding generator $G(\gamma) = i[d\mathcal{B}^{\dagger}(\gamma)/d\gamma] \mathcal{B}(\gamma)$, one gets

$$
\delta \gamma / \gamma \geqslant \delta \gamma_{\min} / \gamma = \frac{(e^{2\gamma t} - 1)^{1/2}}{2\gamma t \bar{N}_{\text{in}}^{1/2}},\tag{7}
$$

where $\delta\gamma_{\rm min}$, obtained from $G(\gamma)$, is a lower bound for the uncertainty in the estimation of γ , and *t* is the interaction time between the bosonic probe and the sample.

A simple way to estimate the standard deviation Δy is to use the error-propagation sensitivity expression $\Delta \gamma$ = $\Delta N_{\text{out}}/|\partial \bar{N}_{\text{out}}/\partial \gamma|$, where $(\Delta N_{\text{out}})^2 = \langle (a_{\text{out}}^\dagger a_{\text{out}})^2 \rangle - \bar{N}_{\text{out}}^2$ is the variance in the boson distribution after the damping, and $\bar{N} = \langle a_{\text{out}}^{\dagger} a_{\text{out}} \rangle$ is the average number of bosons at the output. From (6), with $\theta_2 = 0$, one gets (the subscript *S* stands for sensitivity):

$$
\frac{\Delta \gamma_S}{\gamma} = \frac{\left[(\Delta N)_{\rm in}^2 + (e^{2\gamma t} - 1)\bar{N}_{\rm in} \right]^{1/2}}{2\gamma t \bar{N}_{\rm in}} \xrightarrow[\Delta N \to 0]{} \delta \gamma_{\rm min}/\gamma. \quad (8)
$$

This expression shows that the uncertainty in γ has two contributions, the term $(\Delta N)_{\text{in}}^2$ stemming from the initial variance in the bosonic number of the incoming probe and the remaining terms corresponding to the random transmission of the incoming bosons. It is clear that, in order to minimize (8) , one must have $(\Delta N)_{\text{in}}^2 = 0$, implying that the incoming bosons should be in a Fock state. In this case, $\Delta \gamma_s / \gamma$ becomes identical to the lower bound in (7). The presence of $\bar{N}_{\text{in}}^{1/2}$ —where \bar{N}_{in} is now just the number of bosons in the Fock state—in the denominator of the right-hand side of (7) implies that the same result would be obtained with a stream of *N* independent single bosons. We note that $\delta \gamma \to \infty$ when $t \to 0$ or $t \to \infty$, corresponding respectively to no action of the damping and to complete absorption, leading to no information on γ (quantum Fisher information equal to zero). The minimum value of (7) is obtained for

$$
\gamma t_{\rm opt} \approx 0.8 \Rightarrow \delta \gamma_{\rm min}^{\rm opt} / \gamma = 1.24 / \sqrt{\bar{N}_{\rm in}}.\tag{9}
$$

This defines the optimal interaction time. Better precision can be obtained, however, by adopting a "divide and conquer" strategy. Instead of estimating the damping through a single measurement for an interaction time *t*, one applies sequential measurements, for instance, with a single-photon stream, such that *t* is divided into *N* intervals of length τ , which could be taken as the interaction time between each single photon and the probed sample. We replace then, in the right-hand side of (7), *t* by τ and \bar{N}_{in} by $N = t/\tau$. The corresponding expression is minimized for $\tau \to 0$. However, any other τ smaller than *t* would lead to a result better than measuring just at time *t*. *τ* would lead to a result better than measuring just at time *t*.
For $\gamma \tau \ll 1$, $\delta \gamma / \gamma \approx 1/\sqrt{2 \gamma t}$, which is much smaller than (9) if $\gamma t \gg 1$. We note that this strategy not only leads to better precision, but could be mandatory for thin or fragile samples, for which the interaction time with the probe should necessarily be smaller than the thermalization time.

Confirmation of this result is obtained by explicitly calculating the quantum Fisher information for incoming Fock states. The general expression for the quantum Fisher information for estimation of a parameter *X* is expressed in terms of the density operator of the probe as $\mathcal{F}_0(X) =$ $Tr[\rho(X)L^{2}(X)]$, where the *symmetric logarithmic derivative* is defined by the equation $d\rho(X)/dX = [\rho(X)L(X) +$ $L(X)\rho(X)$]/2. Finding *L* requires, in general, the diagonalization of the density operator, for a given initial state [\[5](#page-6-0)[,29\]](#page-7-0). However, for incoming Fock states the density matrix is diagonal, and therefore the singular logarithmic derivative is given by $L_{nn} = (1/p_n)(dp_n/dX)$, where $p_n \equiv \rho_{nn}$ is the boson-number probability distribution. It follows then that

$$
\mathcal{F}_Q(\gamma) = \text{Tr}(\rho L^2) = \sum_n (1/p_n) (dp_n/d\gamma)^2, \qquad (10)
$$

coinciding with the Fisher information associated to the measurement of the bosonic population distribution, which is thus shown to be the best measurement in this case. On the other hand, the boson-number distribution for the outgoing bosons is identical to the beam-splitter binomial distribution, $p_n(\gamma) =$
^{*N*})(1, n^{N-n_nn</sub> **p**_{op}losing this expression in (10) leads are} $\binom{N}{n}(1-\eta)^{N-n}\eta^n$. Replacing this expression in (10) leads precisely to (7). Furthermore, as $N \gg 1$ (which could apply to a Fock state or a stream of single photons), the combinatorial distribution goes to a Gaussian distribution, with width given by the lower bound in (7), so this bound is actually saturated by these states. This completes our demonstration that Fock states lead to the minimal uncertainty in the estimation of γ . More explicitly it can be seen from the results of Ref. [\[29\]](#page-7-0) that ratio $\delta \gamma / \delta \gamma_{\text{min}}$ is higher by $\frac{1}{\sqrt{1-\eta}}$ for coherent state input and by $\left\{1 + \frac{2\eta(1-\eta)}{2\eta^2 - 2\eta + 1}(1+\bar{N}_{\text{in}})\right\}^{1/2}$ for squeezed vacuum.

For $T \neq 0$, one gets a lower bound $\Delta \gamma_{\min}^G(T)$ from the unitary transformation in (2) (details in Appendix [A\)](#page-4-0):

$$
\delta \gamma_{\min}^{G}(T)/\delta \gamma_{\min} = \frac{n_T(1-\eta) + 1}{\sqrt{n_T(1+\eta^2) + 1 + (n_T/\bar{N}_{\text{in}})\eta[n_T(1-\eta) + 1]}}
$$
\n(11)

where $\delta\gamma_{\rm min}$ is defined in (7). Calculations also show that (11) , for any *T*, is lower than the bound calculated using error propagation sensitivity [see Appendix \overline{B} , Eqs. ($\overline{B8}$) and ($\overline{B9}$)].

The QFI of the system, for incoming Fock states, can be calculated numerically, from the number probability distribution given in Refs. $[36,37]$ —see Eq. [\(C1\)](#page-5-0) in Appendix [C.](#page-5-0) It coincides with (11) when there is no input, i.e., $\bar{N}_{in} = 0$. In this case, only thermal photons contribute to the estimation of γ [Appendix [C,](#page-5-0) Eqs. $(C3)$ and $(C4)$]. Figure [2](#page-3-0) shows the behavior of $\delta \gamma / \gamma$ for $\bar{N}_{in} = 1$ and two values of $\eta = \exp(-2\gamma t)$,

FIG. 2. $\delta\gamma/\gamma$ as a function of the bath thermal photon number, for two different values of $\eta \equiv \exp(-2\gamma t) = 0.9(a)$ and 0.7(*b*). The solid and dotted curves correspond to single-photon and thermal state inputs, this last one with an average photon number equal to one. The dashed curve corresponds to the bound [\(11\)](#page-2-0), obtained from the purification procedure. For $\eta = 0.9$, and single-photon input, precision increases with temperature, for the range here considered.

namely $\eta = 0.9$ and $\eta = 0.7$. As expected, say from [\(8\)](#page-2-0), the incoming thermal state is a poor choice for estimation of γ . In the case of initial thermal state with $\bar{N}_{in} = n_T$, there is no time evolution of the incoming state, and hence the quantum Fisher information vanishes, which leads to the divergent behavior of the dotted curve in Fig. 2.

III. ESTIMATION OF TEMPERATURE

The simplest situation corresponds to no incoming photons. In this case, the beam splitter in [\(2\)](#page-1-0) does not play a role, and the purification is given by $|\Psi(t)\rangle = S|0\rangle_{S}|0\rangle_{R_1}|0\rangle_{R_2}$. From the generator $G(n_T) = i[dS^{\dagger}(n_T)/dn_T]S(n_T)$, one gets then an upper bound for the quantum Fisher information, from which it follows a lower bound for the uncertainty in the estimation of n_T :

$$
\delta n_T = \sqrt{n_T \left(n_T + \frac{1}{1 - \eta}\right)} \xrightarrow[t \to \infty]{} \sqrt{n_T (n_T + 1)}.
$$
 (12)

For no incoming photon, the sensitivity expression and the QFI yield for δn_T the same result. Therefore, in this case the lower bound for the uncertainty coincides with the exact result. As the interaction time between probe and sample increases, δn_T is reduced, attaining the steady-state limit $(\delta n_T)_{st} = \sqrt{n_T(n_T+1)}$ when $t \to \infty$, which coincides with the quantum-mechanical uncertainty for a thermal field. The numerical results from the solution of the master equation for an incoming single-photon state are shown in Fig. 3. The Fock state $|1\rangle$ leads to better precision for small times and low temperatures, as compared the vacuum state $|0\rangle$.

As in the estimation of damping, an increase in precision can be obtained by applying sequential prethermalization measurements, through a stream of single bosons [Fig. [4\]](#page-4-0). The measurement time *t* is divided into *N* intervals of length τ , corresponding to the interaction between a single boson and the probed system. The corresponding QFI $\mathcal{F}_0(n_T, \tau)$ can be obtained from [\(1\)](#page-1-0) in the small-time limit $\gamma \tau (n_T + 1) \ll 1$, and the corresponding uncertainty is $\delta n_T =$ $1/\sqrt{(t/\tau)\mathcal{F}_Q(n_T,\tau)}$. It turns out that the best result is obtained

when $\tau \to 0$, but any other τ smaller than *t* would lead to a better result then measuring at *t*. In the limit $\gamma \tau (n_T + 1) \ll 1$, we get [Appendix [D,](#page-6-0) Eq. [\(D5\)](#page-6-0)]

$$
\delta n_T \to \sqrt{\frac{n_T(n_T+1)}{(3n_T+2)2\gamma t}} \xrightarrow[n_T \ll 1]{} \sqrt{n_T/4\gamma t}.
$$
 (13)

When $\gamma t \gg 1$, this expression is much smaller than $(\delta n_T)_{st}$, implying a huge gain in precision, as compared to measurement at time *t*. The effect on the protocol by timing errors can be easily accounted for, since the above expression depends only on the total time *t*. For $\Delta t / t \ll 1$, then the extra uncertainty in the temperature estimation, $\Delta(\delta n_T)$, will be much smaller than δn_T .

FIG. 3. Uncertainty δn_T in the measurement of temperature, normalized by the steady-state value $(\delta n_T)_{st}$, for different values of $\eta = \exp(-2\gamma t)$. Each curve is labeled by the photon number *N* in the incoming Fock state of the probe. In the limit $t \to \infty$, so that $\eta \rightarrow 0$, one has $\delta \eta_T / (\delta \eta_T)_{st} = 1$. The graph suggests that the best measurement occurs for large *t* (or small η). For $\eta = 0.9$ ($\gamma t \approx 0.1$), and for $n_T \leq 4.5$, single-boson Fock state leads to better precision than the vacuum state $|0\rangle$. Sequential measurements may lead, however, to much better precision, as shown in the text of the article.

FIG. 4. A huge increase in the estimation precision can be obtained with a stream of *N* single bosons, each one interacting with the probed material for a time τ much smaller than the thermalization time *t*.

IV. CONCLUSION

We have established the quantum precision limits for the estimation of damping constants and temperature, when bosons are used as probes. Bosonic probes occupy a prominent place in science, especially in view of the large number of processes involving light or microwave fields to obtain information on absorption coefficients or the temperature of transparent samples. Lower analytic bounds for the uncertainty in the estimation of these parameters have been obtained through a purification procedure that involves replacing the master equation by a unitary transformation composed by a beam splitter and a squeezing operator, acting on the bosonic mode and two auxiliary environments. These bounds were shown to be tight, for some specific conditions, and, more generally, close to the numerical solutions. We have shown that sequential prethermalization measurements with single-photon streams can lead to huge gain in precision, both for damping and temperature estimation. This result is especially relevant for measurements on thin or fragile samples. We believe these findings should stimulate experimental work on physical and biological systems.

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APPENDIX A: LOWER BOUNDS ON UNCERTAINTIES IN THE ESTIMATION OF DAMPING AND TEMPERATURE

Here we provide the derivation of lower bounds on the uncertainties in the estimation of damping and temperature by using the purification procedure described in the text, cor-responding to Fig. [1.](#page-1-0) If the probe is in the initial state $|\Psi_0\rangle$ and interacts with the probed system during a time *t*, then the purified output state is

$$
|\Psi(t)\rangle = \mathcal{S}\mathcal{B}|\Psi_0\rangle|0\rangle_b|0\rangle_c,\tag{A1}
$$

where the two environments *b* and *c* are assumed to be initially in the vacuum state. The operators S and B are de-fined by Eqs. [\(3\)](#page-1-0)–[\(5\)](#page-1-0) in the main text. The operator $G(X) \equiv$ $i[dU^{\dagger}(X)/dX]U(X)$, for an arbitrary parameter *X*, where $U(X) = S(X)B(X)$, is given by

$$
G(X) = -i \left\{ (ab^{\dagger} - a^{\dagger}b) \frac{d\theta_1}{dX} + [c^{\dagger}(a^{\dagger}\cos\theta_1 - b^{\dagger}\sin\theta_1) - c(a\cos\theta_1 - b\sin\theta_1)] \frac{d\theta_2}{dX} \right\},
$$
 (A2)

where θ_1 and θ_2 are defined by Eqs. [\(4\)](#page-1-0) and [\(5\)](#page-1-0) in the main text and *a*, *b*, and *c* are annihilation operators corresponding respectively to the original bosonic mode and the additional environments *b* and *c*. On applying this operator to the initial state $|\Psi_0\rangle|0\rangle_b|0\rangle_c$, one gets

$$
G|\Psi_0\rangle|0\rangle_b|0\rangle_c = -i\left[a|\Psi_0\rangle|1\rangle_b|0\rangle_c\frac{d\theta_1}{dX} + (a^\dagger|\Psi_0\rangle|0\rangle_b|1\rangle_c\right]
$$

$$
\times \cos\theta_1 - |\Psi_0\rangle|1\rangle_b|1\rangle_c \sin\theta_1 \frac{d\theta_2}{dX}\right]. \quad (A3)
$$

The expectation value of the operator $G^{\dagger}G$ in the state $|\Psi_0\rangle|0\rangle_h|0\rangle_c$ is therefore

$$
\langle G^{\dagger}(X)G(X)\rangle = \overline{N}_{\text{in}} \left[\left(\frac{d\theta_1}{dX} \right)^2 + \cos^2 \theta_1 \left(\frac{d\theta_2}{dX} \right)^2 \right] + \left(\frac{d\theta_2}{dX} \right)^2, \tag{A4}
$$

where $\overline{N}_{in} = \langle a^{\dagger} a \rangle$ is the average number of photons in the input state $|\Psi_0\rangle$. After simplification, we get the final expressions for $X = \gamma$ and $X = n_T$, where γ is the damping coefficient and n_T is the thermal photon number, as functions of η , n_T , and \overline{N}_{in} :

$$
\langle G^{\dagger}(\gamma)G(\gamma)\rangle = \frac{(2t\eta)^2}{4} \left\{ \overline{N}_{\text{in}} \frac{1 + n_T(1 + \eta^2)}{\eta(1 - \eta)[1 + n_T(1 - \eta)]^2} + \frac{n_T}{(1 - \eta)[1 + n_T(1 - \eta)]} \right\}; \quad \text{(A5)}
$$

$$
\langle G^{\dagger}(n_T)G(n_T)\rangle
$$

$$
= \frac{1}{4} \left\{ \frac{(1-\eta)}{[1+n_T(1-\eta)]n_T} + \overline{N}_{\text{in}} \frac{\eta^2(1-\eta)[n_T(1-\eta)[1+n_T] + (1+n_T)]}{[1+n_T(1-\eta)]^3(1+n_T)n_T} \right\}.
$$
\n(A6)

Since the quantum Fisher information $\mathcal{F}_Q = 4(\Delta G)^2 =$ $\langle G^{\dagger}(n_T)G(n_T) \rangle - \langle G \rangle^2$, the lower bound for the uncertainty in the estimation of damping and temperature can be calculated from $\delta X_{\text{min}}^G = \mathcal{F}_Q^{-1/2}$:

$$
\delta \gamma_{\min}^G = \frac{1 + n_T (1 - \eta)}{2t \eta} [\eta (1 - \eta)]^{1/2} {\overline{N}_{\text{in}} [1 + n_T (1 + \eta^2)] + \eta [1 + n_T (1 - \eta)] n_T}^{-1/2};
$$
\n(A7)\n
$$
\delta n_T_{\min}^G = \{ [1 + n_T (1 - \eta)]^3 (1 + n_T) n_T \}^{1/2} {\overline{N}_{\text{in}} \eta}^2 [n_T (1 - \eta) (2 + n_T - \eta n_T)
$$

+
$$
(1 - \eta)
$$
] + $[1 + n_T(1 - \eta)]^2(1 + n_T)(1 - \eta)$ }^{-1/2}. (A8)

 $\frac{C_{01}}{\sqrt{1/\eta-1}}$ Comparing [\(A7\)](#page-4-0) with the one at zero temperature, $\delta \gamma_{\rm min} =$ $\frac{\sqrt{1/\eta-1}}{2t\sqrt{\overline{N}_{in}}}$, we get Eq. [\(11\)](#page-2-0) in the main text,

$$
\frac{\delta \gamma_{\min}^G}{\delta \gamma_{\min}} = [1 + n_T (1 - \eta)] \{ [1 + n_T (1 + \eta^2)] + \eta [1 + n_T (1 - \eta)] n_T / \overline{N}_{\text{in}} \}^{-1/2}.
$$
 (A9)

For vacuum input, the expression for δn_T ^G_{min} becomes Eq. [\(12\)](#page-3-0) in the main text,

$$
\delta n_T = \sqrt{\frac{n_T[1 + n_T(1 - \eta)]}{1 - \eta}}.\tag{A10}
$$

APPENDIX B: SENSITIVITY CALCULATIONS USING THE MASTER EQUATION

The error-propagation expression for the uncertainty in the estimation of a parameter *X* is given by $\Delta X = \Delta N_{\text{out}} / \frac{\partial \overline{N}_{\text{out}}}{\partial X}$, where $(\Delta N_{\text{out}})^2 = \langle (a_{\text{out}}^\dagger a_{\text{out}})^2 \rangle - \overline{N}_{\text{out}}^2$. From Eq. [\(1\)](#page-1-0) in the main text, we can study the evolution of an operator *A* by $\frac{\partial}{\partial t} \overline{A} = \text{Tr}[\frac{\partial \rho_s}{\partial t} A]$. For any operator *A*,

$$
\frac{\partial}{\partial t}\overline{A} = -\gamma (1 + n_T) \langle A a^{\dagger} a - 2 a A a^{\dagger} + a^{\dagger} a A \rangle
$$

$$
- \gamma n_T \langle a a^{\dagger} A - 2 a^{\dagger} A a + A a a^{\dagger} \rangle. \tag{B1}
$$

Since $\text{Tr}[AB] = \text{Tr}[BA]$, we have

$$
\frac{\partial}{\partial t}\overline{A} = -\gamma(1 + n_T)\langle [A, a^{\dagger}]a + a^{\dagger}[a, A]\rangle
$$

$$
-\gamma n_T\langle [A, a]a^{\dagger} + a[a^{\dagger}, A]\rangle.
$$
 (B2)

Taking $A = (a^{\dagger}a)^i$, $(i = 1, 2)$, one gets

$$
\frac{\partial}{\partial t}\overline{N} = -2\gamma \overline{N} + 2\gamma n_T, \tag{B3}
$$

$$
\frac{\partial}{\partial t}\overline{N^2} = -4\gamma \overline{N^2} + 2\gamma (4n_T + 1)\overline{N} + 2\gamma n_T. \tag{B4}
$$

Integrating these equations on both sides, one gets

$$
\overline{N}(t) = e^{-2\gamma t} [\overline{N}(0) - n_T] + n_T, \tag{B5}
$$

$$
\overline{N^2}(t) = e^{-4\gamma t} \overline{N^2}(0) + e^{-2\gamma t} (4n_T + 1)(1 - e^{-2\gamma t}) \overline{N}(0)
$$

$$
+ 2n_T^2 (1 - e^{-2\gamma t})^2 + n_T (1 - e^{-2\gamma t}).
$$
 (B6)

Note that $\overline{N}_{out} = \overline{N}(t)$ and $\overline{N}_{in} = \overline{N}(0)$. Using (B5) and $(B6)$, we find

$$
\Delta \gamma = [\eta^2 (\Delta \overline{N}_{\text{in}})^2 + \eta (2n_T + 1)(1 - \eta) \overline{N}_{\text{in}} + (n_T + 1 - \eta n_T) n_T (1 - \eta)]^{1/2} [2t \eta (\overline{N}_{\text{in}} - n_T)]^{-1}.
$$
\n(B7)

For given \overline{N}_{in} , η , and n_T , the minimal uncertainty $\Delta \gamma_{\text{min}}$ is achieved for $(\Delta \overline{N}_{in})^2 = 0$, indicating that Fock states lead to the best estimation of γ .

We compare now (B7), for Fock states, so that $\overline{N}_{in} = N_{min}$, with the bound $\delta \gamma_{\min}^G$, obtained in Sec. [I](#page-0-0) using purification. The ratio of $\Delta \gamma_{\text{min}}$ and $\delta \gamma_{\text{min}}^G$.

$$
\frac{\Delta \gamma_{\min}}{\delta \gamma_{\min}^G} = [n_T(1-\eta) + 1] \frac{\overline{N}_{\text{in}}}{\overline{N}_{\text{in}} - n_T} \times \sqrt{\frac{N_{\text{in}} \eta(2n_T + 1) + n_T[n_T(1-\eta) + 1]}{N_{\text{in}} \eta[n_T(1+\eta^2) + 1] + \eta n_T[n_T(1-\eta) + 1]}}.
$$
\n(B8)

Since $n_T(1 - \eta) + 1 \geq 1$, $N_{\text{in}}\eta(2n_T + 1) \geq N_{\text{in}}\eta[n_T(1 +$ η^2) + 1], and $n_T[n_T(1-\eta)+1] \geq \eta n_T[n_T(1-\eta)+1]$, one gets

$$
\Delta \gamma_{\min} \geqslant \delta \gamma_{\min}^G. \tag{B9}
$$

The equality sign in (B9) holds only when $n_T = 0$, which coincides with the discussion after Eq. [\(8\)](#page-2-0) in the main text: At zero temperature, the error-propagation formula for the estimation uncertainty coincides with the lower bound. It may be noted that expressions like $(B7)$ are not meaningful when \overline{N}_{in} approaches n_T . In this limit, the output photon number becomes independent of the parameter γ , which we had set out to determine. In such cases, postprocessing of signal is needed. It may be added that the full master equation solution for the input Fock state has no such divergence as the bound is calculated using full photon number distribution. For thermal input with input photon number equal to n_T , master equation solution gives divergence (Fig. [2\)](#page-3-0) because as noted there the Fisher information becomes zero and not meaningful as the system does not evolve then.

APPENDIX C: MASTER EQUATION RESULT FOR THE QFI WITH NO INCOMING PHOTONS

The solution of the master equation given by Eq. [\(1\)](#page-1-0) was studied numerically in the paper for both Fock states and thermal states. However, it is possible to get the analytical result for vacuum input. From Ref. [\[36\]](#page-7-0), we get the probability of seeing *n* photons at the output state with input Fock state |*m*:

$$
p_n = \frac{(1 - e^{-2\gamma t})^{n+m} (e^{\beta \omega} - 1) e^{m\beta \omega}}{(e^{\beta \omega} - e^{-2\gamma t})^{n+m+1}} \times F\left[-n, -m, 1: \frac{e^{\beta \omega} + e^{-\beta \omega} - 2}{e^{2\gamma t} + e^{-2\gamma t} - 2}\right],
$$
 (C1)

where $e^{\beta \omega} = 1 + n_T^{-1}$ and *F* is the hypergeometric function. For $m = 0$, $F[-n, 0, 1 : z] = 1$, and thus we have $p_n =$ $\frac{(1-\eta)^n n_T^{-1}}{(1+n_T^{-1}-\eta)^{n+1}}$. Let $\overline{n}(t) = n_T (1-\eta)$; then p_n can be written as the Bose-Einstein distribution

$$
p_n = \frac{\overline{n}(t)^n}{[1 + \overline{n}(t)]^{n+1}}.
$$
 (C2)

From (C2), we obtain the quantum Fisher information

$$
F_Q = \frac{n_T^2 (2t\eta)^2}{\overline{n}(t)[1 + \overline{n}(t)]}.
$$
 (C3)

With $\delta \gamma \geqslant \sqrt{\mathcal{F}_{Q}}^{-1}$, we get the lower bound for γ as

$$
\delta \gamma^{G}(T) = \frac{1}{2t\eta} \sqrt{\frac{(1-\eta)[1 + n_{T}(1-\eta)]}{n_{T}}}.
$$
 (C4)

This coincides with $\delta \gamma_{\min}^G$ in [\(A7\)](#page-4-0) with $N_{\text{in}} = 0$ obtained in Sec. [I](#page-0-0) with purification.

APPENDIX D: ESTIMATION OF BOUNDS FOR THE UNCERTAINTY IN TEMPERATURE ESTIMATION WITH A STREAM OF SINGLE PHOTONS

We consider now the bound for the uncertainty in δn_T with a stream of single photons, each one interacting with the probed system during a time interval of τ , so that the total interaction time is divided into ν intervals, with $t = \nu \tau$. From the master equation, we get the dynamics of p_n , the probability of detecting *n* bosons, after they have interacted with the sample:

$$
\frac{dp_n}{dt} = 2\gamma (n_T + 1)[(n + 1)p_{n+1} - np_n] + 2\gamma n_T [np_{n-1} - (n + 1)p_n].
$$
 (D1)

Here if we have a single-boson input at each time interval τ , then $p_n(0) = \delta_{n,1}$. We integrate Eq. (C4) assuming $\gamma \tau (n_T + 1) \ll 1$, so that

$$
p_n(\tau) \simeq \delta_{n,1} + 2\gamma \tau (n_T + 1)[(n+1)p_{n+1} - np_n] + 2\gamma \tau n_T [np_{n-1} - (n+1)p_n],
$$
 (D2)

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where p_n on the right side gives the distribution at $\tau = 0$. From $(D2)$, we then obtain

$$
p_0(\tau) = 2\gamma \tau (n_T + 1),
$$

\n
$$
p_1(\tau) = 1 - 2\gamma \tau (n_T + 1) - 4\gamma \tau n_T,
$$

\n
$$
p_2(\tau) = 4\gamma \tau n_T.
$$
 (D3)

For a total interaction time $t = v\tau$, corresponding to $v =$ t/τ single-boson interactions, the quantum Fisher information is then

$$
\mathcal{F}_Q(t) = \nu \mathcal{F}_Q(\tau) = \nu \sum_n \frac{1}{p_n} \left(\frac{dp_n}{dn_T}\right)^2
$$

= $\frac{t}{\tau} \left[\frac{(2\gamma \tau)^2}{2\gamma \tau (n_T + 1)} + \frac{(6\gamma \tau)^2}{1 - 2\gamma \tau (n_T + 1) - 4\gamma \tau n_T} + \frac{(4\gamma \tau)^2}{4\gamma \tau n_T} \right]$
 $\xrightarrow{\tau \to 0} 2\gamma t \frac{3n_T + 2}{n_T (n_T + 1)}. \tag{D4}$

The corresponding lower bound for the uncertainty in the estimation of the thermal photon number is obtained from δ*n_T* = 1/ $\sqrt{\frac{t}{\tau} \mathcal{F}_Q(\tau)}$:

$$
\delta n_T \stackrel{\tau \to 0}{\longrightarrow} \sqrt{\frac{n_T(n_T+1)}{(3n_T+2)2\gamma t}}.\tag{D5}
$$

In the low-temperature limit $n_T \ll 1$, we have

$$
\delta n_T|_{n_T \ll 1} \xrightarrow{\tau \to 0} \sqrt{\frac{n_T}{4\gamma t}}.\tag{D6}
$$

The limits (D5) and (D6) are discussed in the main text.

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